Spring Summer 24 - Week One*
15 Apr, 6 May, 27 May, 17 June, 8 : 30 Sept, 21 Oct
$\bigcirc$
uly, 19 August, 9 Sept,

| WEEK ONE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 (\& Halal Equivalent where Required) | Wholemeal Cheese \& Tomato Pizza served with Homemade Skin on Wedges | Pork Sausage Served with Country Style Diced Potatoes \& Baked Beans or Sweetcorn | Chicken Pie <br> \& Mashed Potatoes | Creamy Chicken \& Lentil Curry served with Mixed Rice | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Creamy Vegetable Penne Pasta Carbonara | Veggie Sausage <br> Served with <br> Country Diced Potatoes \& Baked <br> Beans or Sweetcorn | Vegemince \& Vegetable Pie served with Mashed Potato | Sweet Potato, Spinach \& Chick Pea curry Served with Mixed Rice | Cheese Quiche Served with Chips \& Tomato Ketchup |
| Jacket Potatoes | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese \& Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese \& Beans or cheese and beans |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Chocolate Ice Cream | Chocolate Shortbread Biscuits (Ve) \& Fruit Slices | Iced Banana Traybake | Oat \& Raisin Cookie (Ve) \& Fresh Watermelon Slice | Marble Sponge \& Custard |

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Our desserts meet Public Health England's target for 'free sugar'
Portion(s)
of fruit or veg

## Source of wholegrain



| $50 \%$ |  |
| :--- | :--- |
| fruit | $50 \%$ |

 intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'fiee sugar' intake.


Spring Summer $24^{\bullet} \cdot$ Week Two :
22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug; 16 Sept, 7 Oct

| WEEK TWO | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Main Meal Option 1 (\& Halal Equivalent where Required) | Wholemeal Cheese \& Tomato Pizza served with potato wedges | Summer Hot Dog served with Freshly Made Coleslaw and half Jacket Potato | Roast Chicken served with Skin on Roast Potatoes \& Gravy | Beef Bolognese \& Penne Pasta | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Vegetarian Main Meal Option 2 | Macaroni Cheese served with Garlic Bread | Veggie Sausage Hot Dog Served with Freshly Made Coleslaw and half Jacket Potato | Pasta with Homemade Tomato Sauce | Veggie Mince Bolognese \& Penne Pasta | Cheese \& Onion Puff Pastry Roll Served with Chips \& Tomato Ketchup |
| Jacket Potatoes | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans |
| Vegetable Selection | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Dessert | Vanilla \& Mandarin Traybake | Strawberry Jelly | Freshly Baked Chocolate Cookie | Flapjack Finger With a fresh slice of Watermelon | Homemade Shortbread Biscuits |

Portion(s) of fruit or veg

Source of wholegrain

Contains plant-based proteins

50\%

Our desserts meet Public Health England's target for 'free sugar' intake for your child.
Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Spring Summer 24 -
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A UNIVERSE OF FOOD AND DRINK

## Aig, 2 Sépt, 23 Sept, 14 Oct <br> 29 Apr, 20 May, 10 Jurie, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

| WEDNESDAY | THURSDAY | FRIDAY |
| :---: | :---: | :---: |
| Gently Spiced Moroccan Chicken Tagine Summer Vegetable Rainbow Cous Cous | Sticky BBQ Chicken \& Vegetables Served with Noodles | Friday Fish Fingers served with Chips \& Tomato Ketchup |
| Gently Spiced Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) | Sticky BBQ Quorn, Vegetables \& Noodles | Quorn Burger in a Bun Served with chips |
| Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans | Jacket Potato with Tuna Mayonnaise or Cheese or Beans or cheese and beans |
| Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad | Selection of Daily Vegetables \& Mixed Fresh Salad |
| Freshly Baked Vanilla Cookie | Zesty Lemon Cake | Homemade Flapjack |

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Our desserts meet Public Health England's target for 'free sugar' intake for your child.
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