

# Spring / Summer Menu Week 1

14<sup>th</sup> April, 5<sup>th</sup> May, 26<sup>th</sup> May, 16<sup>th</sup> June, 7<sup>th</sup> July, 28<sup>th</sup> July, 18<sup>th</sup> Aug, 8<sup>th</sup> Sept, 29<sup>th</sup> Sept, 20<sup>th</sup> Oct 2025

**Eativerse**  
A UNIVERSE OF FOOD AND DRINK

| WEEK ONE                                  | FAVOURITES MONDAY  | WORLD TUESDAY                               | ROAST WEDNESDAY                                   | PIZZA PARTY THURSDAY  | FISH FRIDAY                |
|---|--|---|---|---|----------------------------|
| Main Meal Option 1                        | Pork Sausage with Jacket Wedges  | Red Tractor Mild Chicken Curry & White Rice | Roast Chicken, Gravy, Stuffing & Roast Potatoes   | Margherita Pizza & Mixed Salad                                | MSC Fish Fingers & Chips   |
| Main Meal Option 2                        | Cheese, Onion & Potato Pie   | Macaroni Cheese                             | Quorn Grill with Gravy, Stuffing & Roast Potatoes | Rainbow Vegetable Lentil Pitta Pockets & Hummus <sup>VG</sup> | Cheese Flan & Chips        |
| Vegetables                                | Sweetcorn or Baked Beans   | Peas & Carrot Mix                           | Carrots & Broccoli                                | Sweetcorn & Pea Mix   | Garden Peas or Baked Beans |
| Jacket Potato or Pasta                    | Jacket Potato with choice of either Cheesy Beans, Tuna Mayo, Beans or Cheese<br>Pasta with either Cheese or Tomato Sauce |   |   |   |                            |
| Dessert or Choice of Seasonal Fresh Fruit | Banana Mousse  | Marble Sponge <sup>VG</sup> & Custard       | Strawberry Jelly                                  | Vanilla Cookie <sup>VG</sup>                                  | Iced Sponge Cake           |

Packed Lunch Available Daily













|                            |  |                      |  |                               |  |           |  |           |  |       |    |
|----------------------------|--|----------------------|--|-------------------------------|--|-----------|--|-----------|--|-------|----|
| Portion(s) of fruit or veg |  | Source of wholegrain |  | Contains plant-based proteins |  | 50% Fruit |  | Oily Fish |  | Vegan | VG |
|----------------------------|--|----------------------|--|-------------------------------|--|-----------|--|-----------|--|-------|----|

England's target for 'free sugar' intake for your child  
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.







## Spring / Summer Menu Week 2

21<sup>st</sup> April, 12<sup>th</sup> May, 2<sup>nd</sup> June, 23<sup>rd</sup> June, 14<sup>th</sup> July, 4<sup>th</sup> Aug, 25<sup>th</sup> Aug, 15<sup>th</sup> Sept, 6<sup>th</sup> Oct, 27<sup>th</sup> Oct 2025

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| WEEK TWO                         | FAVOURITES MONDAY  | WORLD TUESDAY  | ROAST WEDNESDAY   | PIZZA PARTY THURSDAY  | FISH FRIDAY   |
|----------------------------------|--|--|---|---|---|
| Main Meal Option 1               | Pork Sausage Roll & Potato Wedges  | Red Tractor Beef Pasta Bolognese & Garlic Bread<br> | Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes  | Margherita Pizza & Mixed Salad<br> | MSC Fish Fingers & Chips  |
| Main Meal Option 2               | Cheese & Onion Pastry Roll Potato Wedges   | Veggie Sausage with Mash & Gravy Vg<br>             | Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes<br> | Cheesy Bean Pitta<br>              | Crispy Vegetable Fingers & Chips Vg   |
| Vegetables                       | Garden Peas or Baked Beans<br>  | Broccoli & Carrots<br>                              | Carrots & Sweetcorn<br>                                    | Garden Peas, or Sweetcorn<br>      | Garden Peas or Baked Beans<br> |
| Jacket Potato or Pasta           | Jacket Potato with choice of either Cheesy Beans, Tuna Mayo, Beans or Cheese.<br>Pasta with either Cheese or Tomato Sauce<br> |  |   |   |   |
| Dessert or Choice of Fresh Fruit | Banana Cake Vg & Custard<br>  | Shortbread Vg  | Hidden Fruit Chocolate Brownie  | Flapjack Vg   | Chocolate Oaty Slice Vg   |

**Packed Lunch Available Daily**

|   |   |  |  |  |   |
|---|---|--|--|--|---|
| Portion(s) of fruit or veg<br> | Source of wholegrain<br> | Contains plant-based proteins<br> | 50% fruit<br> | Oily fish<br> | Vegan VG<br> |
|---|---|--|--|--|---|
















England's target for 'free sugar' intake for your child  
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## Spring / Summer Menu Week 3

28<sup>th</sup> April, 19<sup>th</sup> May, 9<sup>th</sup> June, 30<sup>th</sup> June, 21<sup>st</sup> July, 11<sup>th</sup> Aug, 1<sup>st</sup> Sept, 22<sup>nd</sup> Sept, 13<sup>th</sup> Oct, 3<sup>rd</sup> Nov 2025

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| WEEK THREE                          | FAVOURITES MONDAY  | WORLD TUESDAY  | ROAST WEDNESDAY   | PIZZA PARTY THURSDAY   | FISH FRIDAY  |
|-------------------------------------|--|--|---|--|--|
| Main Meal Option 1                  | Sweet & Sour Chicken<br>Meatballs & Sunny Rice<br>  | Beef Lasagne & Garlic Bread<br>   | Roast Chicken, Gravy,<br>Stuffing & Roast Potatoes<br> | Margherita Pizza & Mixed<br>Salad<br>         | MSC Fish Fingers & Chips   |
| Main Meal Option 2                  | Cheesy Tomato Pasta Bake<br>  | Chinese Sweet Chilli Quorn<br>Stir Fry & Rice <sup>VG</sup><br>  | Quorn Grill, Gravy, Stuffing &<br>Roast Potatoes<br>   | Cheese Flan & Home-Baked<br>Potato Wedges<br> | Cheese & Onion Puff<br>Pastry Roll   |
| Vegetables                          | Carrot & Sweetcorn Mix<br>  | Garden Peas<br>   | Broccoli & Carrots<br>                                 | Garden Peas & Sweetcorn<br>Mix<br>            | Garden Peas or<br>Baked Beans<br> |
| Jacket Potato or Pasta              | Jacket Potato with choice of either Cheesy Beans, Tuna Mayo, Beans or Cheese.<br>Pasta with either Cheese or Tomato Sauce<br>  |  |   |  |  |
| Dessert or Choice of<br>Fresh Fruit | Iced Sponge Cake   | Chocolate Cookie   | Vanilla Cupcake   | Chocolate Crunch 'Concrete'<br><sup>VG</sup> & Chocolate sauce   | Homemade Jam Sponge<br>Cake  |

Packed Lunch Available Daily

Portion(s) of  
fruit or veg



Source of  
wholegrain



Contains  
plant-based  
proteins



50%  
fruit



Oily  
Fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.  
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 Ask AI Assistant

Why is this information important?

