

Autumn / Winter Menu Week 2

26th Oct, 16th Nov, 7th Dec, 11th Jan, 1st & 22nd Feb, 15th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausages, Herby Potatoes with Sweetcorn & Baked Beans 	Spaghetti Bolognese with Garden Peas & Carrots 	Roast Chicken, Stuffing, Roast Potatoes and choice of Vegetables and Gravy 	Margherita Pizza with Home-Baked Potato Wedges with Broccoli & Sweetcorn 	Fish Fingers, Chips with Peas & Baked Beans 
Main Meal Option 2	Macaroni Cheese with Broccoli, & Sweetcorn 	Plant-based Spaghetti Bolognese ^{VG} 	Sweet Potato and Lentil Roast, Gravy, Stuffing & Roast Potatoes with choice of Vegetables ^{VG} 	Vegetable Biryani with Wholegrain Rice, Broccoli & Sweetcorn ^{VG} 	Cheese Quiche with Chips, Peas & Baked Beans 
Pasta	Pasta with Cheese or Tomato & Basil Sauce ^{VG}				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 
Dessert or choice of Fresh Fruit	Shortbread Biscuit ^{VG}	Chocolatey Orange Fudge Cake	Fruit Jelly ^{VG} 	Lemon Drizzle Cake & Custard	Chocolatey Oaty Slice ^{VG}

Available Daily: Packed Lunches

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.