

Autumn / Winter Menu Week 1

9th & 30th Nov, 21st Dec, 4th & 25th Jan, 15th Feb, 8th & 29th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PLANET PIZZA THURSDAY	FISH FRIDAY
Main Meal Option 1	Pork Sausage and Bean Wholewheat Pasta Bake with Sweetcorn & Peas 	BBQ Chicken, Mixed Wholegrain and White Rice with Carrots & Peas 	Roast Chicken Stuffing, Roast Potatoes with choice of Vegetables and Gravy 	Margherita Pizza with Home-Baked Potato Wedges, Broccoli & Sweetcorn 	Fish Fingers, Chips with Peas & Baked Beans 
Main Meal Option 2	Vegetable Sausage and Bean Wholewheat Pasta Bake with Sweetcorn & Peas VG 	Tomato, Basil and Vegetable Wholewheat Pasta Bake with Carrots & Peas 	Quorn Grill, Stuffing, Roast Potatoes with choice of Vegetables and Gravy 	Butternut Squash and Tomato Pasta Bake with Broccoli & Sweetcorn VG 	Cheese Quiche with Chips, Peas & Baked Beans 
Pasta	Pasta with Cheese or Tomato & Basil Sauce VG				
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans 	Jacket Potato with Cheesy Beans, Tuna Mayo, Cheese or Beans 
Dessert or choice of Fresh Fruit	Chocolatey Cornflake Crispy Cake VG	Gingerbread Cookie	Chocolatey Oaty Slice VG	Marble Sponge & Custard	Brownie

Available Daily: Packed Lunches

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan

VG

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

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